

TALKING with your doctor about DAWNZERA

Whether you're considering your first long-term preventative treatment for hereditary angioedema (HAE) or looking to evaluate if DAWNZERA may be appropriate for you, this guide can help you prepare for your next doctor's visit.



How to use this guide

You'll find tips for talking with your doctor and questions to help get the information you're looking for. On page 3 of this guide you can find a symptom worksheet to help reflect on how HAE has impacted your life over the past few months.



Don't forget

Bring the questions and worksheet at the end of this guide to your next doctor's visit. Your doctor can help identify the best treatment option for you.

INDICATION

DAWNZERA™ (donidalorsen) is a prescription medicine used to prevent hereditary angioedema (HAE) attacks in adults and children 12 years of age and older.

It is not known if DAWNZERA is safe and effective in children under 12 years of age.

SELECT IMPORTANT SAFETY INFORMATION

Do not use DAWNZERA if you have had a serious allergic reaction, including anaphylaxis to donidalorsen or any of the ingredients in DAWNZERA.

Before using DAWNZERA, tell your healthcare provider about all of your medical conditions, including if you: are pregnant or plan to become pregnant, are breastfeeding or plan to breastfeed. It is not known if DAWNZERA can harm your unborn baby, or if it passes into your breast milk and if it can harm your baby.

Please see full Prescribing Information and Patient Information for DAWNZERA, also available at dawnzera.com.

DAWNZERA™
(donidalorsen) 80 mg / 0.8 mL
injection

TAKE CONTROL: tips for talking with your doctor

Tip #1

Talk about how HAE impacts your life

Many people find themselves missing out on parts of their daily life due to HAE swelling attacks—and over time, **that can start to feel normal. But it doesn't have to be.** Even if you're on treatment, it's important to tell your doctor when HAE is still interfering with your daily activities.

Tip #2

Report every attack

Even one HAE attack is too many. Don't hesitate to tell your doctor about every attack, **not just the ones that you consider bad.** Sharing this information may help your doctor to better understand the full impact HAE has on your life and when it may be time to adjust your treatment.

Tip #3

Share your personal treatment goals

What you want from your treatment matters. **Your doctor wants to know** everything they can about how you are doing with HAE. The overall goal of HAE treatment is to help you to live as normal a life as possible.

Tip #4

Prepare for your appointment

- ☐ Bring your questions. You can use pages 5-7 of this guide
- ☐ Prepare to take notes or ask to record the appointment
- ☐ Bring your attack diary or use the symptom worksheets on pages 3-4 of this guide
- ☐ Think about how controlled your HAE feels on your current treatment plan
- ☐ Think about how many times you used your rescue treatment in the last month
- ☐ Bring a friend or family member to help take notes and ask questions

SELECT IMPORTANT SAFETY INFORMATION

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of DAWNZERO?

DAWNZERO can cause serious side effects including allergic reactions. Allergic reactions can include rash, trouble breathing, chest pain, fainting, dizziness, feeling lightheaded, swelling of the face, lips or tongue, and itching. Stop using DAWNZERO and call your healthcare provider or get emergency help right away if you have any of these symptoms.

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Your **HAE SYMPTOM** worksheet

To help guide your next doctor's visit, fill out this worksheet and bring it with you.

It can help you and your doctor discuss how satisfied you are with your HAE management and treatment plan.

About your attacks

How many attacks have you had?

___ in the last month

___ in the last 3 months

How severe are your attacks?

☐ Mild

☐ Moderate

☐ Severe

☐ Very Severe

How often are you using your rescue therapy?

☐ Once a month

☐ Once every 3 months

☐ Once every 6 months

☐ Other: _____

If you are on a preventative treatment, how many times did you miss a dose?

☐ Never

☐ Once in 3 months

☐ 1-3 times a month

☐ Other: _____

Impact on daily life

How fearful are you of your next attack?

☐ Not at all

☐ Somewhat worried

☐ I'm anxious

In the past 3 months, how many times have you missed activities due to having an attack or worrying about having one?

☐ Never

☐ 1-2 times

☐ 3 or more times

What are some activities you have avoided when you worried about an attack?

This worksheet was developed to help you start a conversation with your doctor. It is not intended to replace medical decision-making or provide medical guidance.

SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of DAWNZERO include injection site reactions (such as redness or pain at the injection site), upper respiratory tract infection, urinary tract infection, abdominal discomfort.

These are not all the possible side effects of DAWNZERO. Tell your healthcare provider or treatment team about any side effects you may have.

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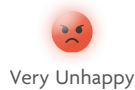
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Your treatment goals

How satisfied are you with your current treatment?



Very Unhappy



Unhappy



Okay



Happy



Very Happy

What's most important to you in a treatment?
Rank the following from 1 to 5, with 1 being the most important and 5 being the least important:

- ☐ Preventing swelling attacks
- ☐ Having fewer side effects, safety
- ☐ How it's given (injection, infusion, pill)
- ☐ How often I use it
- ☐ Other (please specify): _____

If you are already taking preventative treatment, what do you wish were different? Check all that apply:

- ☐ I'm still having too many attacks
- ☐ It's time consuming to prepare and use
- ☐ It's stressful to take
- ☐ The side effects are bothersome
- ☐ I have to take it too often

What are your goals for your HAE treatment?

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QUESTIONS to ask your doctor

Here are some questions you can bring to your next doctor's visit.

Use this page to take notes during your conversation and write down your doctor's answers.

Asking about your HAE attacks

What might be triggering my symptoms?

What can I do to lower my chances of swelling?

Do you recommend any tools or resources that could help me?

Ask your own questions:

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Asking about DAWNZERA

How does this treatment work?

When should I expect to see results?

How do I take it, and how often will I take it?

Will I keep using my rescue treatment?

What are the potential side effects?

Assuming this is the right treatment for me, how do I move from my current treatment to DAWNZERA?

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Asking about DAWNZERA

Is it safe
during pregnancy?

How should
DAWNZERA be stored?

What support is available if I'm on DAWNZERA?

Ask your own questions:

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Do not use DAWNZERA if you have had a serious allergic reaction, including anaphylaxis to donidalorsen or any of the ingredients in DAWNZERA.

You are encouraged to report negative side effects of prescription drugs to the FDA.

Visit www.fda.gov/safety/medwatch, or call 1-800-FDA-1088.

Please see full Prescribing Information and Patient Information for DAWNZERA, also available at dawnzera.com.

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